

MAIL IN REGISTRATION FORM

Name _____ Date of Birth _____
Address _____ Phone Number _____
City _____ State _____ Zip _____
E-mail _____
Gender _____ Age on Race Day _____ Circle T-shirt Size (adult sizes only): **S M L XL XXL**

Please make checks payable to **Orange County Bands**. Mail to:

Cedar Ridge High School, c/o Patricia Quigley, Director of Bands, 1125 New Grady Brown School Road, Hillsborough, NC 27278

I have read and agree to the race waiver on the back of this form:

Signature _____ Date _____

Parent's signature (if registrant is under age 18) _____

*You can also download a race application at : <http://www.orangecountybands.cedarridgeband.org/> or register online at www.active.com
OR register in person at the race site. Race day registration beginning at 7:30 AM*

GENERAL INFORMATION AND PACKET PICK-UP

The Course is certified by USATF (NC08046PH). All performances will count toward state records and national rankings. Course is a paved asphalt surface with gentle hills and slopes through scenic downtown Hillsborough.

T-shirts are included in the entry fee for all participants. Additional t-shirts may be purchased for \$10 while supplies last.

All pre-registration packets can be picked up at A.L. Stanback Middle School, 3700 NC 86 South, on September 24 from 4 PM -6 PM and on race day beginning at 7:30 AM at the race site. **Parking will be available at race site in all downtown Hillsborough Public Lots. Follow Signs.**

RACE MANAGEMENT

The race is managed by the Orange County Band Programs. Registration, timing and results are performed by Off 'N Running. For further information, contact Arris Golden at (919) 245-4050 x 32801.

DIRECTIONS

FROM EAST OF HILLSBOROUGH: Interstate 40 W to Exit 261 (Hillsborough), turn right. Follow Old NC Hwy 86 into Downtown Hillsborough. Turn right on Margaret Lane. At end of street, turn left toward destination.

FROM WEST OF HILLSBOROUGH: Interstate 40 E / 85 N, stay on I-85 at I-40/I-85 split to Exit 164 (Hillsborough), turn left. Follow South Churton Street into Downtown Hillsborough. Turn right on Margaret Lane. At end of street, turn left toward destination.

Orange County Schools Band Programs

**5 K/KIDS HALF MILE
FUN RUN**

**BANDS
ON THE
Run**

Walkers Welcome!

**SATURDAY
SEPTEMBER 25, 2010**

Bands on the Run

5K/KIDS HALF MILE FUN RUN

The event will begin and end at the Orange County Board of Education Building at 200 E. King Street, Hillsborough, NC 27278

Walkers Welcome!



The race will begin promptly at 9:00 AM on Saturday, September 25, 2010

NET PROCEEDS BENEFIT ALL PARTICIPATING ORANGE COUNTY SCHOOLS BAND PROGRAMS

ENTRY FEES

(INCLUDES A GREAT T-SHIRT!)

| | BEFORE RACE DAY | ON RACE DAY |
|-----------------------|-----------------|-------------|
| Adults 18 and above | \$20 | \$25 |
| Children 17 and under | \$15 | \$20 |
| Children 5 and under | Race Day Only | \$5 |

AWARDS

1st place overall (male & female)

ADDITIONAL AWARDS

Top male and female in the following age groups:

12 and Under
13-19
20-29
30-39
40-49
50 and Over

RACE WAIVER

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the Orange County Bands 5K Run/Walk on September 25, 2010, including, but not limited to falls, contacts with other participants, the effects of the weather, including high heat and/or humidity, low temperature, traffic conditions of the road, all risks being known and appreciated by me.

Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act in my behalf or on behalf of my estate, waive and release OFF 'N RUNNING, the ORANGE COUNTY BANDS the TOWN OF HILLSBOROUGH, all sponsors of the race, any other persons assisting with the race, the officers, Board, Board members, agents, servants, employees, and their successors and assigns of each and every of the above from all claims or liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on that part of the persons referred to in this waiver.

I also grant permission for the use of any photographs, motion pictures, recording or any other record of my participation in this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to unsafe weather conditions or governmental ban, my entry fee will not be refunded.